



Enjoy a seasonal fruit box or vegetable/fruit box for only \$13 each!



The Wellness Box

Geared to seniors, features prepared, cut-up fruit and vegetables



Fruit Box

Fresh fruit with an emphasis on what's in season



Small Good Food Box

Fresh fruit and vegetables with an emphasis on seasonal produce

For more information, please call 416-225-6041 x 317

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www.mealsonwheelsandmore.ca