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Enjoy a seasonal fruit box or vegetable/ fruit box !



The Wellness Box at \$15

Geared to seniors, features prepared, cut-up fruit and vegetables



Fruit Box at \$16

Fresh fruit with an emphasis on what's in season



Small Good Food Box at \$16

Fresh fruit and vegetables with an emphasis on seasonal produce

For more information, please call 416-225-6041

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2022 Field to Table Delivery Schedule

January 5	January 19	
February 2	February 16	
March 2	March 16	March 30
April 13	April 27	
May 11	May 25	
June 8	June 22	
July 6	July 20	
August 3	August 17	August 31
September 14	September 28	
October 12	October 26	
November 9	November 23	
December 7		